To my Windermere Prep Students, Athletes, Parents, Coaches & Community Members,

I first want to thank all of the Windermere Prep community for the opportunity to serve you as both a teacher and coach. When I took this job, I didn't know what to expect. Thankfully, I was taken in like family by many members of the Windermere Prep community. It's been an honor to have been given your trust, support and friendship. Windermere quickly became home to me and it is where both of my children have been born. It's been an honor and a privilege to work with so many Windermere Prep students, so many of the WPS parents and many community members.

After much thought and prayers, it is bittersweet that I write to you announcing my resignation from Windermere Preparatory School. Because of the relationships that I have built with the students, alumni, parents and community, this has definitely been one of the toughest decisions of my life. I have recently been offered a position at Oak Hill Academy, a prestigious boarding school in the Blue Ridge Mountains of Virginia and North Carolina. I can only hope to work and live with people as wonderful as those that I have had the pleasure of spending my time with here in Windermere.

I would like to personally thank every student, athlete, parent, coach, co-worker and community member that has made these last six years an amazing experience. I'd specifically like to thank Coach Haney, Coach Doss, Mr. McCall and Dr. Marcy for recruiting me here six years ago and believing in my ability to build and grow this program.

To the WPS students and athletes, your 100% support for me and my training programs has made this experience truly special. More importantly, you inspired me to become a better person and professional. I will never forget the great memories we've created through our strength and conditioning program. A special congratulations to the 4 District Championships our Girls' & Boys' Weightlifting teams won. Just as special as all the championships our Weightlifting Teams and all our other sports teams won and the dozens of students who went on to play sports in college, was being able to work with and coach the countless students who were either nervous or apprehensive of the weight room and could barely perform a bodyweight squat. To see those students dedicate themselves to our program and watch them grow in their confidence, self-esteem and athletic development is truly something I will always treasure. Additionally, all of our Circle of Champions and Strength Team and Athletes of the Year has been special and will forever be remembered. Hopefully, your pictures will forever remain on the wall in our weight room!

To the Windermere parents and community, your children were all amazing to work with. Their dedication and interest in embracing the process of becoming the best at getting better made my days fly by. I am leaving here with some amazing memories and connections, not only of my students, but also of all of you.

To the Morning Machines, thank you for battling the daily morning traffic to come be part of our strength program and culture. You were always one of the best parts of my day and thank you for trusting us with your training when I know you had countless other options!

I'll be here throughout the end of the school year, but I will miss so many people associated with the school and community and wish you all the very best. If you or your children ever need me you can contact me at 410-419-8330 or email me at KurtzMicah@gmail.com, and if you're ever in the Blue Ridge

Mountains, feel free to reach out as I would love to give you a tour of the campus, open the weight room for you or meet you for dinner!

Family Forever,

Micah Kurtz